



Updated Health Guidelines

Summer Camp 2020

In light of the current outbreak of COVID-19, the Rocky Mountain Council is implementing additional measures to 'be prepared' and prevent the spread of this disease and others while at summer camp. These measures have been created after consultation with medical professionals, resources provided by both government and non-governmental organizations (CDC, local health department, WHO, etc.), and the National Council of the Boy Scouts of America.

These guidelines are subject to change as more information becomes available and as local authorities provide more specific guidelines to our area.

Anywhere you see blue in this document, it is a clickable link to a resource referenced in the section.

Prior to Camp

There are many things that need to happen in preparation for summer camp when things are normal. This summer a few extra precautionary measures will need to be taken to help prevent the spread of COVID-19 while at camp this summer.

Completing the [Annual Health & Medical Record](#)

Part A

We ask that this section be completed within 2 to 3 weeks of your first day of camp.

Part B

We ask that this section be completed within 2 to 3 weeks of your first day of camp. Under the section that requires a signature from a medical professional, that is not required this summer. This exception only applies to Scouting activities that will take place before September 2020.

Part C

A one-time extension will be given to part C forms that were completed after February 1, 2019. This extension is only valid until August 31, 2020. While this extension is available for anyone who is not able to complete an exam required for this section, if you are still able to meet with a licensed medical professional, we invite you to do so.

Unit and Individual Hand Sanitizer

We ask every unit to have hand sanitizer available for each person in your campsite to use on a regular basis. This should be a non-scented sanitizer as wildlife, including bears, will be attracted to any scented sanitizers.

Additionally, every participant coming to camp should have a personal bottle of hand sanitizer that they always keep on themselves.

If your unit is not able to provide enough hand sanitizer for the entire week, the camp you attend will be able to provide some.

Note: Hand sanitizer does NOT replace hand soap; it is a decent alternative in times when you are not able to easily access soap and water. Hand sanitizer does not wash off any bacteria, virus, etc. from your skin but rather kills it so that it is not as dangerous. Regular hand washing for a minimum of 20 seconds is the best way to prevent the spread of any disease.

Face Masks

Currently face masks will not be required at camp. This may change as we get closer as the governor of Colorado is expected to provide specific guidelines at the end of May.

While traveling to camp it may be a good idea to have a face mask for each person for any times where you may have to stop such as bathroom breaks and meals.

Review & Practice Proper Hygiene

We joke about Scouts being given a free pass on cleanliness at camp, but this year that cannot be the case. As Scouts we believe we have a 'duty to country'. One way we can outwardly show this duty is by helping prevent the spread to those in our community.

Please discuss with all those attending camp the following topics using the information provided by the CDC:

- **Coughing & Sneezing**
- **Keeping Hands Clean**
- **Nail Hygiene**
- **Protect Your Eyes**

COVID-19 Testing

Testing for COVID-19 is much more readily available. While currently we are not requiring a test to be taken prior to coming to camp, we recommend that if possible, each participant coming to camp have a COVID-19 test done. At-home tests can ordered for little to not cost from [LabCorp](#) or you can check to see if a local testing center is open for anyone to receive a test.

[Pre-Travel Event Medical Screening](#)

Every person travelling to camp must complete this form prior to travelling to camp. This should be completed immediately prior to beginning travel. If you have questions about how this is to be completed, please contact the Rocky Mountain Council at [719-561-1220](tel:719-561-1220).

If anyone in your unit is disqualified from coming to camp because of this screening, we will work with your unit to take care of an appropriate refund. Any individual with any disqualifying health factor will not be allowed into camp under any circumstances and if this person travels with your unit, the entire unit may be disqualified from attending camp upon arrival.

Traveling to Camp

Please be cautious in your travel. Limit your stops to only the essentials such as gas, food, and bathroom breaks. We recognize that some units choose to sightsee on their

way to camp; please consider adjusting your original travel plans to either sightseeing after you attend camp or cancelling those stops all together.

At Camp

Based on the things previously mentioned, it's obvious that there will be some differences this year at camp.

Arrival

Upon your arrival everyone will pass through a health screening. This will include the items listed in the Pre-Travel Event Medical Screening. This screening will take place at the camp gate prior to check-in. If anyone is disqualified from coming into camp, they and all those in the vehicle they traveled to camp with will be sent to the Colorado State Fairgrounds where free testing for COVID-19 is available. If the test comes back as negative, all those tested will be allowed to return. If it comes back positive, those tested will not be allowed into camp. A full refund will be provided to all those disqualified.

Check-in

Our check-in process will be fairly normal. We simply ask that only 1 person goes to check-in with all the information.

Campsites

During your week at camp your campsites will look normal. On the weekends our staff will disinfect each tent and platform in preparation for the next session.

We recommend that each set of tentmates sleep head-to-toe to help with air flow.

If possible, we invite each unit to consider bringing an extra tent or two in case the governor of Colorado requires 1 person per tent.

Program Areas and Adventures

For San Isabel Scout Ranch, there will be viewing areas where adults who are not participating in the program will be able to watch how things are going. We ask that non-participating adults remain in those viewing areas to maintain social distancing guidelines. We will also be spreading program areas further away from one another to help follow recommended social distancing guidelines.

Additional handwashing stations will be added throughout camp. In a typical year at camp we would invite all at camp to drink water every time they see a drinking fountain or running water to help prevent altitude sickness. This year we will be inviting everyone to wash their hands after each program time. This will help maintain personal cleanliness.

Each of our program areas will be experiencing daily cleaning by our staff.

Equipment used for adventures at Rocky Mountain High Adventure Base will be disinfected after each use.

Dining

The beauty of participating in a Rocky Mountain Council summer camp is that meals are

provided. This year will provide some unique challenges that will require some logistical changes. This will include the following:

- Staggered mealtimes to prevent large congregations of people
- Additional handwashing stations near dining hall to make it easy for everyone to wash their hands prior to their meal
- Social distancing in meal lines between units
- No self-serve options
 - Most of our staff has received their food handlers permit meaning that they will be prepared to safely serve foods that normally would have been served on your own.

Facilities

Showers will have scheduled times for adult males, adult females, youth males, and youth females. This will give our staff the chance to clean shower stalls in between scheduled times.

Latrines will be cleaned daily by our staff.

Staff will clean high touch points daily including door handles, railings, etc.

Participants, youth and adult, are not allowed to clean camp facilities even as a service project. Units will still be expected to maintain a clean and tidy campsite.

Flag Ceremonies

Units will maintain social distancing during flag ceremonies. Staggered ceremony times may be required depending on the session of camp.

Campfire Programs

Each camp will move its campfire program to an area that allows for proper social distancing of units. If needed, campfires will be canceled.

Trading Post

Each camp's trading post will limit the number of people inside.

San Isabel Scout Ranch will have scheduled times where it is open for camp participants to shop. Outside of those hours, the trading post staff will offer "walk-up service" where you will be able to walk-up to a window and purchase goodies and souvenirs.

Visitors

We ask that anyone wanting to visit our summer camps to please contact them prior to arrival. All visitors will go through the same screening process that camp participants experienced upon their arrival at the camp gate.

After clearing the initial screening process, visitors will be escorted around camp by a member of administrative staff until their visit is complete, upon which they will be required to immediately exit the camp property.

Signs of COVID-19 at Camp

Should any participant or staff member present symptoms of COVID-19 during a week at camp, that individual will be transported immediately to the nearest testing sight. If

the test comes back positive, the Rocky Mountain Council will contact local agencies and coordinate with them in moving forward. If the test comes back negative, camp will continue as normal.

After Camp

Should anyone in your unit be diagnosed with COVID-19, please contact the Rocky Mountain Council immediately so that we can notify the appropriate agencies and individuals.

This year will be an exercise of trust between the Rocky Mountain Council and camp participants: those attending camp this summer are trusting the Rocky Mountain Council to implement and follow through on policies and procedures that will help protect the health and well-being of all those in attendance. In turn the Rocky Mountain Council is placing trust in camp participants that they will be respectful of those policies and follow them.

We expect this year at San Isabel Scout Ranch and Rocky Mountain High Adventure Base to be a great escape from the crazy of the world. We hope that it will help provide you with a sense of normalcy and that it will prepare you to return to your homes reenergized and prepared for whatever may come your way.