

# RMHAB SCHEDULE

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
4:45am	<b>Camp Closed to the Public</b> - <i>If your troop would like to arrive early, please contact the camp director</i>		Sunrise Hike		Sunrise Hike			
6:00am			Polar Bear		Polar Bear			
6:45am			Breakfast			Breakfast		Continental Breakfast
7:30am			Flag Ceremony			Flag Ceremony		-
8:00am			Gear Up/Depart for Activities			Gear Up/Depart for Activities		Units Depart
9:00am			<b>Activities</b> (May include Hiking, Mountain Biking, Fishing, SUP & Rock Climbing)	<b>Whitewater Rafting</b> Depart by 6:30am	<b>Activities</b> Backpacking & Mountain Biking			
9:30am								
10:00am								
10:30am								
11:00am								
11:30am			Lunch					
12:15pm								<b>Camp Closed to the Public</b>
1:00pm	Check-in - Campsite Setup - Camp Tour	<b>Activities</b> (May include Hiking, Mountain Biking, Fishing, SUP & Rock Climbing)	<b>Whitewater Rafting*</b>	<b>Activities</b> Backpacking & Mountain Biking				
2:00pm								
2:30pm								
3:00pm								
3:30pm								
4:00pm								
4:30pm								
4:45pm								
5:15pm		Flag Ceremony						
6:00pm		Dinner						
6:15pm		<b>Activities</b> (May include Shooting Sports, Tomahawk/Knife Throwing, Volleyball, Gaga Ball, etc.)	<b>Troop Night</b>	<b>Activity</b> Backpacking		Campsite Checkout & Packet Pickup  <b>Closing Campfire</b> <i>Units sign up to showcase a skit or song</i>		
7:00pm	Adult Leader Meeting							
7:30pm	Emergency Drill							
8:15pm	Shooting							
8:45pm	Sports Safety Instruction							
9:00pm		Quiet Time						
9:30pm		Lights Out						
10:00pm								
10:30pm								

Update 1/26/2021

*\*Depending on river flow, rafting may end early. Units can then go explore the surrounding areas, but must be back in camp no later than 8pm.*